

# at a glance

## WHAT IS THERMAL BRIDGING IN BUILDINGS?

In many buildings, heat can bypass the insulation layer in a wall.

**Thermal bridging is possible as long as conductive building materials are in contact with one another, creating a “bridge” for heat to pass through.**

However, thermal bridging is only one of the many culprits of energy waste. A larger contributor to energy loss is your insulation.

Thermal bridging cannot be fixed without major remodeling work, but your insulation can be upgraded.

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