

at a glance

WHAT IS A VAPOR BARRIER?

Vapor is water in its gaseous state. Air can only hold so much vapor.

When air is saturated with water vapor, the vapor condenses and returns to a liquid state.

Warm air holds more vapor than cold air. As air becomes colder, the likelihood that vapor will condense and become liquid increases.

Vapor barriers stop the transfer of vapor into a building assembly.

Some building assemblies in Climate Zone 5 need vapor barriers.

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