

# at a glance

## SPRAY FOAM vs. FIBERGLASS INSULATION

### SPRAY FOAM INSULATION

- High, long-lasting R-value
- Can be installed anywhere
- Can create an airtight seal
- Permanent insulation solution

Best choice for high performance.

### FIBERGLASS INSULATION

- High starting R-values
- Limited application options
- Cannot create an airtight seal
- Temporary insulation solution

Good choice for a tighter budget, or a space that doesn't need much temperature control.

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