# at a glance

## **INSULATION AND HVAC** FOR BETTER AIR QUALITY

#### INSULATION

Spray foam improves air quality by preventing air from leaking into the home. Without an airtight seal, any air can randomly leak into your home.

#### **HVAC**

There are several options for HVAC equipment to improve air quality:

• UV lights in ductwork

### Whole house (de)humidifiers **ERVs and HRVs**

By mechanically controlling the air in your home, you can significantly improve your indoor air quality.

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